



What's Normal? What's Not?

Get Help Understanding Child Sexual Behavior

Sexual development is a healthy part of growing up. But sometimes it can be hard for parents to know what behaviors are normal for their child's age, what might be a cause for concern and what to do if there's a potential problem. **Check with these military and community-based resources for information, guidance and help:**

Your installation's Family Advocacy Program

Your local FAP can answer any questions you may have about child sexual development and offer support for early identification and treatment.

Not sure where to start?

Call Military OneSource at 800-342-9647 or go to <https://www.militaryonesource.mil/> to learn about healthy child sexual behaviors and connect to resources for prevention and treatment.

Learn more: <https://www.militaryonesource.mil/family-relationships/parenting-and-children/parenting-infants-and-toddlers/healthy-sexual-behaviors-in-children/>

You may also choose to:

- Talk to your child's pediatrician.
- Explore information by visiting the National Center on the Sexual Behavior of Youth website: <http://www.ncsby.org/>.

Concerned about a child's safety?

These helplines are available for free, confidential, 24/7 support.

- If you suspect a child is in immediate danger, call 911 or your installation's law enforcement office.
- You may also call your installation's Family Advocacy Program.
- If you are seeking help for adult-perpetrated child abuse, call your installation's Family Advocacy Program, your local Child Protective Services office, or the Child Help National Child Abuse Hotline (call or text, 800-422 4453).

The Department of Defense's Family Advocacy Program can offer you guidance and access to effective professional help in your area as part of its mission to prevent abuse within the military community. Find your installation's FAP at <https://installations.militaryonesource.mil/?looking-for-a=program/program-service=32/focus=program>.

