

WHAT IS AGE-APPROPRIATE VS. PROBLEMATIC SEXUAL BEHAVIOR IN CHILDREN AND YOUTH? (PSB-CY)



PARENTS, REMEMBER

GUIDELINES FOR CHILDREN AND YOUTH

It is ok for children to be unsure of their body as well as others. Here are some things that your child can and cannot do that are acceptable.



1. It **IS OK** for children to be curious of their private parts and ask questions about them.



2. It is **NOT OK** for children to show other people your private parts.



3. It is **NOT OK** for children to touch other people's private parts.



4. It is **NOT OK** for children to look at other peoples private parts.

Still unsure about PSB-CY? Call the 24/7 Family Abuse Hotline.
(910) 322-3418

ARMY COMMUNITY SERVICE
ACS
Real-Life Solutions for Successful Army Living
(910) 396-5521

Problematic Sexual Behaviors in Children and Youth Resource List

National Children's Alliance Phone # (202) 548-0090

516 C Street NE Washington, DC 20002, <https://www.nationalchildrensalliance.org/support-for-military-families/>

- Established collaboration between Children's Advocacy Centers (CAC) and military installations in regards to PSB-CY.

National Center on the Sexual Behavior of Youth, Phone # (205) 348-2992

<http://www.ncsby.org/content/what-problematic-sexual-behavior>

- Provides resources and training material for professionals from multiple disciplines to address youth with problematic or illegal sexual behavior.

National Children's Advocacy Center, Phone # (256) 533-5437

210 Pratt Ave NE, Huntsville, AL 35801, <https://www.nationalcac.org/child-abuse-and-prevention-resources/>

- Developed training for child abuse response professionals using a Multidisciplinary Team (MDT) approach.

National Sexual Violence Resource Center Phone # (717) 909-0710

2101 N Front Street Governor's Plaza North, Building #2, Harrisburg, PA 17110

<https://www.nsvrc.org/preventing-child-sexual-abuse-resources>

- A collection of online resources provides information and tools for caretakers, organizations and communities assuming the responsibility of preventing child sexual abuse.

National Child Trauma Stress Network, Phone # (310) 235-2633

11150 W. Olympic Blvd, Suite 650, Los Angeles, CA 9006,

<https://www.nctsn.org/what-is-child-trauma/trauma-types>

- Provides clinical services, develop and disseminate new interventions and resource materials, offer education and training programs, and collaborate with established systems of care.

Stop It Now, Phone # (413) 587-3500

351 Pleasant Street, Suite B-319, Northampton, MA 01060

<https://www.stopitnow.org/ohc-content/tip-sheet-create-a-family-safety-plan>

- Provides guidelines and safety planning to better protect Families from sexual abuse.

North Carolina

North Carolina Child Treatment Program, Phone # 1-844-622-8748

1121 W. Chapel Hill Street Ste. 100, Durham, NC 27771 <https://www.ncchildtreatmentprogram.org>

- Provides list for mental health professionals in North Carolina who specialized in PSB-CY

Alexander Youth Network, Phone # 1-855-362-8470 (**Offender Focused Program**)

1608 Camden Road, Fayetteville, NC 28306, <https://www.alexanderyouthnetwork.org/our-services>

- Provides children and Families with skill building and resources to reduce the likelihood of problematic behaviors and criminal activity. (DOES NOT ACCEPT TRICARE)

Coastal Horizons, Phone # (910) 343-0145

615 Shipyard Boulevard, Wilmington, NC 28412

<https://coastalhorizons.org/family-preservation/problematicsexualbehaviors>

- Provides MST and MST- PSB services to adolescent's ages 12 to 18 along with their Families and community networks.

