LANE RESERVATION REQUEST 2 OCT 2023 – 30 APR 2024

This reservation form is only good for a <u>single request date</u>. Copies of signatures will not be accepted.

Date of the requested reservation:	(Military Training: Mon-Fri only)
Time of the requested reservation:	(Military Training: 0700-1100)

 Number of personnel to be present:
 (Any over 75 should seek management)

Type of training to be conducted: (circle one) CWST / GAFB / PT Test /UNIT PT/Other:

[Combat Water Survival Training (CWST) requires the "Train the Trainer" memo (see back for more details). All other training (Pre-scuba, Wet silk, extended underwater breath holding, etc.) requires management approval.]

All personnel using MWR facilities shall enter through a controlled access point and present a military ID to use the facility as per AR 215-1. **LOCKER ROOMS ARE OPEN.**

Any group over 25 must conduct training in waves. Any group with over 25 personnel or has an excessive amount of equipment should coordinate with management. No training equipment will be available through us. All training equipment (uniforms, boots, etc.) should be rinsed thoroughly before entering the water. Upon completion of training, all groups must exit the facility promptly. Any cancelations need to be reported promptly. Failure to arrive for an approved reservation without notice will forfeit individuals or units from further reservations. By placing your <u>printed</u> <u>name and signature</u> below, you as the point of contact (POC) are confirming your understanding of these conditions. Roster with all participants must be completed and turned in 24 hours in advance.

Name/Rank:	Email:
Phone #:	Unit:
POC's Signature	Unit Commander's Printed Name
Unit Commander's signature is required with the	
understanding that any Aquatic Training has potential	
hazards and risks to the health and safety of their personnel,	Unit Commander's Signature
and so has been informed and approves of this request.	

AQUATIC STAFF USE ONLY!

Person making request: civilian / military

(Civilian reservations shall be done with an Aquatics Manager)

Is "Unit Commander" line signed by an officer? yes / no

(All enlisted personnel signing for Unit Commander SHALL have a designation of authority letter)

Is type of training to be conducted CWST, Unit Lap Swimming, GAFPB or PT Test? yes / no

(If "Yes" Lifeguard or Cashier may approve. If "No" confirm phone # or add email below and seek manager for approval)

Pool Staff Printed Name:

Date: _____

(Last revision 09/06/2023)

Reservations for military training are made at Tucker Indoor Pool during operating hours. Fall/Winter Hours: M-F 0530-1300.

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Notice: If it is suspected that the Unit Commander is not the signature on the request form the staff will send a copy to the Unit Commander for verification. Anyone who is approved to sign for their Unit Commander shall provide a designation of authority letter.

The reservation form can be picked up at Tucker Indoor Pool, Atchley Outdoor Pool (Summer) or on the MWR website.

Reservations CANNOT be done by email or over the phone. All signed reservation requests shall be checked and approved by Aquatics Staff. It is recommended that you request a copy once your reservation is approved with staff signature. Without a signed approval form from both a Unit Commander and an Aquatic Staff Member, the reservation form will not be valid.

Additional Information:

Currently reservation can only be made Mon-Fri anytime from <u>0530-1300</u>. THIS MAY CHANGE. Reservations are only accepted during the current month and the following month. Reservations are approved on a "first come, first served" basis. All six lanes can be reserved, but at the discretions of the Aquatics Dept.

Any type of aquatic activity that is not "lap swimming" (i.e., Treading water, bobbing, etc.) or requires additional equipment, such as "dive/weight belts", requires a reservation. Training requiring **weight belts**, prolonged underwater breath holding (including prolonged bobs and sub-surface swims), pressurized tanks (scuba) or inflatable devices (rafts) <u>shall only be approved by an Aquatics Manager</u>, and require a DD2977 to be completed. This includes any activity that requires extended underwater breath holding. Those training activities require a DMT or equivalent to be "at the ready" with Emergency O2. MWR Aquatics does not have Emergency O2. Additionally, safety swimmers shall only be watching swimmers and shall NOT be participating in the training.

A qualified instructor must be conducting the water survival training. The facility does NOT provide instructors. We hold a certification course called "Train the Trainer" that is held at varying days. Please check the pool schedule. Uniforms and boots are NOT currently available on site. Individuals are allowed to bring their own ACU's and boots, but must empty ALL pockets and completely soak uniform in showers before entering pool.

If there are any other additional questions, call Tucker Indoor Pool at (910) 908-3198 and request to talk to a staff member, or you may also call the Asst. Aquatics Program Manager at (910) 908-3199.

Frequently asked question: "Why must I make a reservation for a small group such as two or three people?"

Answer: "There are many units on the base. Allowing unscheduled events no matter the size poses a safety risk. It has been recorded many times that the majority of "aquatic saves" are done during these types of activities. Only the lifeguards on duty are to make "saves". Just because someone has been through some sort of aquatics training (exp: lifeguarding) does not make them qualified to rescue individuals at any facility they choose. The facility has its own Emergency Action Plan (EAP) and its staff trains frequently to its instructions to insure everyone's safety."

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