



# **EFMP FORT LIBERTY NEWSLETTER**

## Registration is required

April 12, 2024

10:30am-2:30pm Smith Lake Recreation Center

#### **ADAPTIVE RECREATION & GAMES**

Come Join EFMP and NC Department of Health and Human Services NC Assistive

- Try out accessible recreational equipment and gaming-set up
- · Resources to participate in local sports
- · Meet new people with similar interest
- · All ages welcome!

April 12, 2024

10:00am-11:30am SFRGC 236 Interceptor St. Pope Field

#### EFMP PLAY MORNINGS

EFMP Families are invited to join Interactive play for children 5 and under:

- · Improve social skills, cognitive, and motor skills
- · Have fun with a group of peers!

Reoccurring Event: June 28, August 18, October 4, December 13

April 19, 2024

10:00am-11:00am Throckmorton Library

#### **EFMP STORY TIME**

Join EFMP and Throckmorton Library for sensory- friendly storytime! Come join the fun!

- · Share stories, songs, and fun activities
- · Check out library materials
- · Ask questions
- · Make new friends!

April 23, 2024

10:00am-11:30am **SFRGC** 236 Interceptor St. Pope Field

#### PURPLE UP SENSORY HAND PAINTING

EFMP Families are invited to join us in recognizing our military children!

- · Engage the senses with hand painting
- · Take home a canvas to display

April 27, 2024

9:00am-11:00am Carver Creek State

#### LET'S TAKE A HIKE!

EFMP Families are invited to join NC Park Ranger on an educational trek!

- · Short Walk
- · Hunt for animal tracks
- · Signs of habitation

Any mobility issues please let us know at time of registration.

For more information and to register,

visit FortLibertyACSEFMP.TimeTap.com

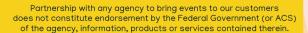


Fort Liberty ACS Soldier Support Center, 3rd Floor 910-643-9642





liberty.ArmyMWR.com/Programs/EFMP









### **Looking Ahead May 2024**

May 9- Mental health Matters

May 17- Storytime

May 29- Innovation Waiver Informational





Able to quickly see when EFMP enrollment will expire. Go to the site and click on the drop-down menu, the date will be displayed under your name.

**EFMP Enterprise Updates** https://efmp.army.mil/EnterpriseEfmp/

- New alert system for expiring enrollments. Banners will display on the E-EFMP screen in various phases: 180, 90, 60, 30 and 0 days from expiration.
- All banners or website models include a link that will send you to My Action page to begin the enrollment process.
- Emails will be sent out at the same time as the banner notification.
- Uploading files and documents has been increased from 10 MB to 25 MB.



# DON'T FORGET

Update your email address in DEERS to receive EFMP enrollment updates.



For more information and to register, visit FortLibertyACSEFMP.TimeTap.com



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